

volunteer connecting NONPROFITS WITH VOLUNTEERS

COME and LEARN ABOUT VOLUNTEER OPPORTUNITIES

MORE THAN 50 LOCAL NONPROFIT AGENCIES WILL BE AT THE 14TH ANNUAL CPCF'S VOLUNTEER FAIR































































SATURDAY, MARCH 4, 2023
10:00 AM - 2:00 PM · CROWN POINT HIGH SCHOOL



Blood Drive by: Versiti™

Schedule your appointment today at: bit.ly/VersitiBloodCenter or call 1-800-7TO-GIVE

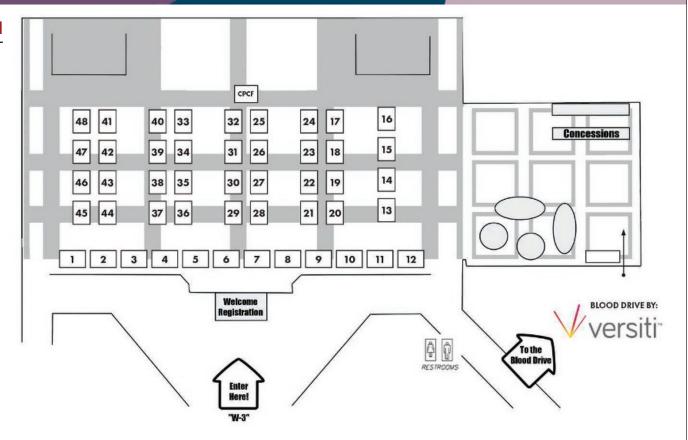


SCAN TO SCHEDULE

CROWN POINT COMMUNITY FOUNDATION VOLUNTEER FAIR MAP

BOOTH NO. ORGANIZATION

- 1 Power Paws for Kids
- 2 Rockopelli Inc.
- 3 Northwest Indiana Cancer **Kids Foundation**
- 4 Humane Indiana
- **5** Little Brothers Friends of the Elderly
- **6** Hearts In Motion
- **7** Healing Streams Oasis Church
- **8** Feline Community Network
- 9 Cedar Lake Historical Association/The Museum at Lassen's Resort
- 10 Old Sheriffs House & Jail Foundation
- 11 Fair Haven
- **12** Tri Town Safety Village
- **13** Lake County Fire Chiefs Association
- **14** Girl Scouts of Greater Chicago NWI
- 15 Alzheimer's Association
- **16** Lakeshore Public Media
- **17** ProMedica Hospice
- **18** American Red Cross
- 19 Indiana Plan
- 20 Franciscan Health Crown **Point**
- 21 Phil's Friends



- **22** G.A.P. Food Pantry
- 23 Indiana Ballet Theatre
- 24 New Star
- **25** Open Hearts Therapeutic Riding Center
- **26** Food Bank of Northwest Indiana
- **27** Girls on the Run of Northwest Indiana
- Point Parks and Recreation 38 Lake County Historical
- **29** Crown Point Emergency Management Agency

- **30** TradeWinds Deaf Services
- **31** TradeWinds Services Inc.
- **32** Meals on Wheels of Northwest Indiana
- **33** Sojourner Truth House
- **34** The Humane Society of Hobart
- **35** Shirley Heinze Land Trust
- **36** St. Jude House
- **28** City of Crown Point/Crown **37** Community Help Network
 - Society
 - 39 Franciscan Health VASIA

- **40** Grace Beyond Borders
- **41** ANEW Ministries
- **42** VNA Hospice of NWI
- 43 Boys & Girls Clubs of **Greater Northwest** Indiana
- **44** Exceptional Equestrians Unlimited
- **45** Winfield Community **Foundation**
- **46** Wabash Center
- **47** Lake County Right to Life
- 48 Youth for Christ



A HELPING HAND

CPCF has worked to support organizations that improve life in South Lake County for more than 30 years

JANE AMMESON

Times correspondent

Point Community Foundation has partnered with donors in creating charitable endowments to provide grants that help munities. support local nonprofit organizations.

"The help that CPCF gives us is immense,

just immense," says Bonnie Meyer, President of Community Help Network, one of more ince it was founded in 1990, the Crown than 80 nonprofits that CPCF supports in serving residents in Lowell, Crown Point, Winfield, Cedar Lake and surrounding com-

Please see CPCF, Page 4

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YOUR HOMETOWN GROCER



Strack : Van Til food market

strackandvantil.com

From Page 3

Now in its 33rd year, CPCF, a 501(3) public charity and a member of the Indiana Philanthropy Alliance, is hosting its 14th Annual CPCF Volunteer Fair & Blood Drive from 10 a.m.-2 p.m. March 4 at Crown Point High School. The event is designed to connect prospective volunteers with fitting nonprofits.

"The purpose for putting on the Volunteer Fair is to support our nonprofit partners that do so much good in our communities," says CPCF President Mary Nielsen. "The Fair helps bring awareness of the variety of nonprofit organizations in our communities and provides residents an opportunity to learn and talk with multiple organizations in one place."

Volunteers are critical to the success of any nonprofit. Without volunteers willing to give their time and effort, many charitable nonprofits wouldn't be able to conduct programs, raise funds or serve their clients.

"Volunteers move the organization's mission forward and help expand their services," Nielsen says. "The Fair also provides valuable networking opportunities. Many partnerships and collaborations have been created between nonprofits benefiting the community."

The Fair also will feature an on-site Blood Drive conducted by Versiti Blood Centers. Coming out amazing of the holidays, when the demand to help improve for transfusions typically is high, the quality of life in there's a need to replenish dwindling blood supplies. So the Blood South Lake County," Drive is another important way to Nielsen says. "People help those in need.

"Donating blood is easy and to know our organihelps countless people in their zation are surprised most dire time of need. All you by the depth and have to do is show up and give," Nielsen says, adding that those tiatives." wanting to donate blood can sign up in advance by calling 800-786-4483. "Be sure to bring an ID card nonprofits that help to donate."

much CPCF does to improve the South Lake County by supportas the Food Bank of Northwest healthy meals." Indiana, Habitat for Humanity of Northwest Indiana, TradeWinds ment of Agriculture (USDA), Services and the Dean & Barbara 726,020 people including 225,750 White Southlake YMCA.



Versiti Blood Centers is on hand to replenish supplies diminished during the holidays.



PHOTOS PROVIDED

Versiti Blood Centers organizes a blood drive at the Fair.

amount Crown Point and who are just getting breadth of our ini-

jor focuses is on organizations in need.

Many are surprised to learn how larly those facing food insecurity.

quality of life for those living in food outside of school," she says. "It's one of our priorities to help ing nonprofit organizations such ensure our children have access to cognitive and behavioral problems

According to the U.S. Departchildren in Indiana lack adequate longtime area physician and re-"The Foundation really does an amounts of food. Food insecurity spected civic leader, met with



One of their ma- The Fair helps match prospective volunteers with

children, adds Nielsen, particu- has a significant negative effect on children because they are still "So many children lack access to developing. It is associated with higher risks for developing anemia, asthma, depression, anxiety and as well as an increased likelihood of being hospitalized.

in 1989 when Dr. John Birdzell, a



Meals on Wheels of Northwest Indiana seeks help with delivery as well as packing meals.



TradeWinds Deaf Services is among the nonprofits at the Fair.

If you go

Crown Point Community Foundation Volunteer Fair & Blood Drive.

10 a.m.-2 p.m. March 4.

Crown Point High School 1500 S. Main St.

Crown Point

Admission is free.

For more information, visit thecpcf.org.

For a list of participating organizations, visit thecpcf.org/volunteer-fair.html.

other members of Crown Point Rotary to talk about what he saw as a pressing need for establishing a public charitable organization committed to establishing permanently endowed funds to distribute grants for community needs. Birdzell's idea was so well received that the Foundation was up and running within a year. The form of cash, stocks or securities, Foundation, which is governed by a 19-member volunteer Board of The impetus for CPCF began Directors, administers more than ment plans. Small donations are 363 funds and has more than \$33 million in assets.

does not come from just one person, one family or one company, but in a steady stream of contributions from a broad cross-section of the general public," says Nielsen. "We accept gifts to the Foundation to increase our grant-making capacity. The gifts can be given in a variety of ways, including in the wills and bequests, life insurance, IRA charitable rollovers or retirejust as important as large donations to make sure that we serve "Our support for the community the public's best interest."



AMPLIFYING GOOD

How volunteers help advance nonprofit missions: A story of 5 organizations

JANE AMMESON

Times correspondent

44 Tolunteers always go the extra mile to help others that they meet on their journey," says Mary Nielsen, president of the Crown Point Community Foundation. "The Foundation wants everyone to know that you'll find an organization that shares your passions at the Volunteer Fair."

Organizations will be looking to connect with prospective volunteers at the Volunteer Fair, from 10 a.m.-2 p.m. March 4 at Crown Point High School.

Among the participants are:

Alzheimer's Association, Greater Indiana Chapter

"The Alzheimer's Association has a vision of a world without Alzheimer's and all other dementia - by accelerating global



Top: A representative of the Tri-Town Safety Village explains opportunities at the Schererville facility that teaches kids safe practices. **Above:** VNA Hospice of Northwest Indiana is looking for volunteers who can provide assistance and comfort to those facing a terminal illness.

research, driving risk reduction and early detection and maximizing quality care and support," says Julie Collins, Northwest Indiana Program Manager for the nonprofit. "As a volunteer-driven organization, we have numerous opportunities to share.

Please see NONPROFITS, Page 6



Proud Supporter of the 14th Annual CPCF **Volunteer Fair**



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PHOTOS PROVIDED

Top: The Alzheimer's Association helps those with dementia while making efforts to find a solution to the disease. Below: Girls on the Run of Northwest Indiana is looking for coaches, assistants and others to help empower girls.

Nonprofits

From Page 5

Crown Point Community Foundation facilitates this amazing event, which gives us a venue to Walk to End Alzheimer's volun-

becoming a community health is the world's leading nonprofit educator, a support group facilitator, a community representa-We are so appreciative that the tive or even an advocacy advocate."

The Alzheimer's Association, formed in 1980, is the leading seeing people face to face, and to talk not only about becoming a voluntary health organization in share details of the opportunities Alzheimer's care, support and

teer, but also the possibility of research. The Association, which funder of Alzheimer's research, continues to accelerate its work in finding solutions for the global Alzheimer's crisis.

"We are looking forward to we offer," says Collins "This has in need.



The Community Care Network strives to assist children and families who are food insecure.



Community Help Network operates a Buddy Bags program and Household Pantry.



Community Help Network volunteers pack personal care items for those



Girls on the Run builds healthy physical and emotional habits.



VNA Hospice of Northwest Indiana recruits veterans to work with patients.

we are excited about this opportunity the Crown Point Community Foundation is offering to local nonprofits. We are grateful for tion. the support they provide to local organizations, and how they are **Community Help Network** willing to work to connect us with

stop by to learn about our volunteer opportunities."

Visit alz.org for more informa-

"We began as a small orgavolunteers. We hope that people nization with big dreams," says who are interested in helping us Bonnie Meyer, President of the

The organization began in 2017 by providing meals and snacks through the Buddy Bags program for food insecure students on the days they are not in school. "The program now serves over 850 school districts."



Girls on the Run in Northwest Indiana serves 10 counties and about 2,000 girls a year.



VNA Hospice volunteers are involved with everything from palliative care to Meals On Wheels in Porter County.

not been easy during COVID, so move our mission forward will Community Help Network. Help Network added a Household the pantry served an average of Pantry. "This program provides cleaning supplies, paper products and hygiene items to low-income families in South Lake County," says Meyer. "These are all things that cannot be purchased with students in 23 schools in four food stamps. This program has grown significantly in the last In January 2021, Community year. In the first quarter of 2022,

36 families per month. In the last quarter of 2022, that number increased to 47 families. Now, just in the first month of 2023, we have served nearly 60 families."

In addition to the Buddy Bags and the Household Pantry, the

Please see NONPROFITS, Page 8

Nonprofits

Community Help Network has established a Little Free Library and a twice-imonthly free luncheon, called Ladle of Love.

The financial support the Community Help Network receives from the CPCF is essential to provide services for families in South Lake County.

Meyer says they appreciate all who support the organization.

"Every volunteer is treasured," she says. "We work very diligently to be good stewards of any and all donations. Foundations such as the CPCF are the lifeblood of organizations such as ours. The grant process is essential to our survival and growth."

Meyer encourages those coming to the Volunteer Fair to stop by and share their ideas and thoughts.

"We don't want to stop growing," she says. "We see needs in other areas that we hope we can address. We invite others to help us grow."

Visit communityhelpnet.org for more information.

Girls on the Run of Northwest Indiana

"We serve a lot of girls in South Lake County using an evidencebased curriculum that inspires and empowers girls, by encouraging them to be their authento outdoor physical activities," says Jill Schlueter-Kim, Executive Director of Girls on the Run for us." of Northwest Indiana, which covers 10 counties.

Girls on the Run International was founded in 1996 and has Tri-Town Safety Village reached more than 2 million girls throughout North America. The the Tri Town Safety Village is a ley. "Students learn about the Northwest Indiana chapter was child-sized town featuring repliformed in 2007 and serves 2,000 cas of local businesses and a fullgirls each year.

uses dynamic lessons to instill ing areas with a working train and more aware of its goals. important life skills that include stoplight. the connection between physical and emotional habits designed



TONY V. MARTIN, FILE, THE TIMES

Tri-Town Safety Village brings lessons in safety down to a child's size.

time, and Schlueter-Kim says the CPCF is extremely supportive.

"Volunteers are essential in helping us be there for the girls," tic selves and connecting them she says. "We love going to the Volunteer Fair each year, which

Visit gotrofnwi.org for more information.

On four acres in Schererville, size Survive Alive house, as well According to Schluter-Kim, it as real railroad and street cross-

According to Barbara Toosley, and emotional health. The girls administrative assistant at Tri meet twice a week, typically in Town Safety Village, the organischools, with trained coaches. zation's goal is to teach students GOTR builds healthy physical about the services provided by police and fire departments, as us with painting, office work and to help them beyond the program. well as lifesaving skills such as our fundraisers." Running a program as large as how to escape from a residence this requires a lot of volunteer through doors and windows.

There is an emphasis on teaching young people about railroad safety as well. This is a priority as Northwest Indiana is the second largest area in the U.S. for rail traffic, and many students face is such an important resource issues related to railroad safety daily.

> "They also learn about 'Stranger Danger,' which teaches them not to go with anyone unless given permission by their parent/care guardian," says Toosdangers, what not to do and why."

> The organization is unknown to many, says Toosley, so the Volunteer Fair helps make people

> "People are surprised to learn about us," she says. "Volunteers have helped us with our Butterfly Garden, our Vegetable Garden and general maintenance work. We also need volunteers to assist

Visit safetyvillage.us for more information.

VNA Hospice of Northwest Indiana

As a nonprofit serving six nities. counties - Lake, Porter, LaPorte, Jasper, Stark and portions of Newton, VNA Hospice of Northwest Indiana provides a wide array of services, all of them depen-

programs without our volun- children, young adults and famiteers," says Erica Kerkes, vol- lies." unteer services coordinator for Fair is a valuable resource that cal Guardian Alert System, which significantly contributes to our summons help just by pushing everyday workflow here at the a button for emergencies or to VNA Hospice.

Volunteer Fair than just finding Veterans, pairs veteran volunteers those willing to volunteer their with the VNA's veteran hospice time to your organization," Kerkes continues. "It is also a time have had a personal experience serve and make a difference," says with hospice. Throughout the Kerkes. years of attending the Volunteer Fair, so many people have shared formation.

their stories with us."

According to Kerkes, VNA has a variety of volunteer opportu-

"We are not just a hospice provider," she says. "We also provide palliative care services, are the provider for Meals on Wheels services in Porter County and dent on hardworking volunteers. have the Phoenix Center, which "We couldn't do any of our is a grief support program for

VNA's other programs include VNA. "Therefore, the Volunteer a 24-hour, 365-day a year Medisummon family or friends. The "However, there is more to the nationwide program, We Honor patients.

"We have lots of volunteer opfor us to connect with those who portunities for those who want to

Visit vnanwi.org, for more in-



Charitable organizations in NWI and how you can help

Alzheimer's Association

8679 Connecticut S., Suite D Merrillville, IN 46410 www.alz.org Julie Collins 219-472-1451 iccollins@alz.org

MISSION

A world without Alzheimer's and all other dementia.

VOLUNTEER OPPORTUNITIES

Support group facilitators, community health educators, community representatives, walk planning committee, day of walk volunteers and volunteer leadership

VOLUNTEER REQUIREMENTS

A desire to educate the public and support families who are caring for someone living with Alzheimer's and dementia. Training is provided for all positions.

American Red Cross

1510 N. Meridian St. Indianapolis, IN 46202 redcross.org Keri Gorman 888-684-1441 keri.gorman@redcross.org

MISSION

The American Red Cross prevents and alleviates human suffering the in face of emergencies by mobilizing the power of volunteers and the generosity of donors.

VOLUNTEER OPPORTUNITIES

at the American Red Cross which parental consent. include: Biomedical Services, Disaster Cycles Services, Service to ANEW Ministries the Armed Forces, International P.O. Box 443 Services, and Training Services. DeMotte, IN 46310 We offer a unique experience www.anewministry.org to incoming volunteers to help Janell Rottier

them find their perfect fit within the American Red Cross through a screening process! We want to best utilize the skills and abilities of everyone. Explore more at Red-Cross.org/Volunteer

VOLUNTEER REQUIREMENTS

The American Red Cross requires each volunteer to complete a 5-step online application that includes a background check. For tion for her by attending our Mom volunteers needing to utilize a vehicle, a Motor Vehicle Report will also need to be processed. Volun-There are five lines of service teers under the age of 18 require

708-774-9204 Janell@anewministry.org

MISSION

Creating connections to her and to connect with her. ANEW Ministries works with moms 23 and under to help her fully flourish as a mom.

VOLUNTEER OPPORTUNITIES

- Become a regular connec-Mixer events.
- Host, plan, or sponsor a Mom Mixer Event
- Host a packing party for our Fully Flourishing boxes.
- Make a meal and enjoy it with us at one of our Teen Mother Choices programs.
- Teach or lead our moms in a Life Skills Workshop
 - Play with a toddler or rock a

baby in childcare for one of our Teen Mother Choices programs.

VOLUNTEER REQUIREMENTS

Pass a background check, fill out a volunteer application, and attend training if required.

Boys & Girls Clubs of Greater Northwest Indiana

3691 Willowcreek Road, Suite 200 Portage, IN 46368 www.bgcgreaternwi.org/volunteer Wendy Mang, director of Community Outreach 219-764-2582 wmang@bgcgreaternwi.org

MISSION

To inspire and enable the youth

of our communities to realize their full potential as productive, responsible, and caring citizens.

VOLUNTEER OPPORTUNITIES

BGCGNWI is always looking for individuals or corporate groups to help make an impact on our kids' lives. Learn more at: www.bgcgreaternwi.org/volunteer. Opportunities may include:

■ Tutoring (One on one academic support Mondays through Fridays after school for various subject areas.)

■ Career specialty (Share about your career and help youth with career readiness and workforce development skills.)

■ General afterschool programs (Youth engagement, mentorship and support in fundraisers) art, STEM, sports, music, cooking, etc.)

■ Special events (July golf outing, December Christmas event)

■ Sports league coaches, referees or production, web, or social media) assistants (Weekday practices; weekend games)

■ Club clean-up days (Preparation for start of summer session or school year)

VOLUNTEER REQUIREMENTS

■ Donor ambassadors are required to sign up for 1 shift (more welcomed) per month and complete basic training. Disaster response volunteers are required to own. sign up for a minimum of two on-call shifts (6am-6pm; 6pm-6am) during a month. parent/adult family members. Additionally, training requirements must be completed within the first 90 days of the assigned trainee position. Volunteers must be ages 18+.

 Certain criminal records may disqualify applicants. (A conviction will not necessarily disqualify you from volunteering. Rather, such factors as age, date of conviction, seriousness, and nature of the crime will be considered.)

■ Complete volunteer application form on website or interest form to be contacted further.

Recurring volunteers must also submit references and complete a background check.

■ Sign a Confidentiality Statement, Waiver of Liability, and Code of Ethics.

■ Pending all approvals and agreedupon scheduling with staff, volunteers can begin.

Cedar Lake Historical Association The Museum at Lassen's Resort

P.O. Box 421 Cedar Lake, IN 46303 www.lassensresort.org Julie Zasada 219-390-9423 info@cedarlakehistory.org

MISSION

The 1920's come alive on the lake at the Museum at Lassen's Resort. Unwind and discover while you explore how Cedar Lake enriched a region and touched lives around the world.

VOLUNTEER OPPORTUNITIES

- Museum docent/tour guide
- Museum greeter
- Museum gift shop
- Museum beautification (gardening, cleaning)
 - Museum exhibit maintenance
 - Boat captain
 - Boat dockhand

toration, Collections Care, Finance, Transportation, Events, Guest Services)

■ Special event staff (Community Art Amazon and food vendors Show, Steamboat Days, Family Train Day,

■ Behind-the-scenes (archives, cataloguing, data entry)

■ Media support (video recording or

■ Construction (carpentry, window repair, plumbing, electrical, trim refinishing)

■ Internship opportunity (nonprofit management, museum operations, historical research, event management)

VOLUNTEER REQUIREMENTS

- Flexible time commitment
- 16 years of age to volunteer on your

■ 12-15 years of age can volunteer with

City of Crown Point/Crown Point Parks and Recreation

101 N. East St. Crown Point, IN 46307 www.crownpoint.in.gov Diana Bosse 219-779-2219 dbosse@crownpoint.in.gov

MISSION

Building a Stronger Community from Within

VOLUNTEER OPPORTUNITIES

Various community events

VOLUNTEER REQUIREMENTS

We accept all ages to volunteer, however any children under 12 years old must be accompanied by an adult.

Community Help Network Inc.

550 E. Burrell Drive Crown Point, IN 46307 communityhelpnet.org Bonnie Meyer 219-805-3717 communityhelpnetwork2020@gmail.com

MISSION

Through programs such as "Buddy Bags," we strive to provide help for food-insecure students and their families throughout South Lake County, Indiana. We will work

to create future programs to improve the lives of those most in need in our community. We will work with other agencies and organizations to make sure those in need have the information they need to get the assistance they need to lead them into a life of self-reliance.

VOLUNTEER OPPORTUNITIES

■ Buddy Bag packing on Tuesday Morn-

■ Tuesday and Saturday mornings in the Household Pantry.

■ First and third Saturdays Ladle of Love free luncheon

■ Following Committees: Outreach, ■ Committee member (Building & Res- Fundraising, Garden, Summer Fun Fair, December Holiday Family Celebration

■ Unloading of large donations from

VOLUNTEER REQUIREMENTS

Anyone younger than 16 years of age must be accompanied by a parent or guard-

Crown Point Emergency Management Agency

590 E. Anderson St. Crown Point, IN 46307 www.crownpoint.in.gov Mike Wysocki cpema@crownpoint.in.gov

MISSION

As a supporting agency of Homeland Security and the Federal Emergency Management Agency, our ongoing mission is to reduce the loss of life and property and protect our citizens from natural and technological hazards by leading and supporting the city in a comprehensive, riskbased emergency management program of mitigation, preparedness, response, and recovery.

VOLUNTEER OPPORTUNITIES

Emergency Management Volunteer

VOLUNTEER REQUIREMENTS

- Handling loads of 25 pounds or more.
- Requires a lot of walking and/or Direct Services team.

■ Requires sitting for extended peri-

■ Requires being outside for extended periods in extreme weather.

■ Seeing clearly

- Hearing and speaking clearly.
- High school graduate
- Clean background check
- Must be between 18-55 years old at time of hire.

Exceptional Equestrians Unlimited

5699 E. 73rd Ave. Merrillville, IN 46410 www.eeunwi.org Sandi Devries 219-945-0726 4rock@att.net

MISSION

To provide educational and therapeutic horseback riding activities to those with special needs for an improved quality of life, utilizing professional instructors and trained volunteers in a safe and secure environment.

VOLUNTEER OPPORTUNITIES

Volunteers play a vital role in our therapeutic horseback riding program. Volunteers do not need prior experience with horses or helping individuals with special needs. Volunteers may assist with student riding lessons by leading the horses or side-walking with the students to steady the rider as needed. Volunteers are also utilized in barn upkeep and horse care, such as feeding, grooming, cleaning stalls, etc. Volunteers are also needed for fundraising events, technology support, and for minor maintenance of the facilities.

Volunteer requirements

EEU mandates participation in an AN-NUAL training and orientation program for every volunteer. Background checks of volunteer applicants may be performed. Volunteers must be 16 years of age to lead an equine during lessons and to side-walk.

Fair Haven Inc.

2645 Ridge Road Highland, IN 46322 www.fairhavenrcc.org Shana Robertson 219-961-4357 shana.robertson@fairhavenrcc.org

MISSION

To provide faith-focused services to those affected by sexual violence & trauma.

VOLUNTEER OPPORTUNITIES

Volunteer Medical Advocacy- a trained volunteer that will be dispatched to respond to hospital calls to support someone sexually victimized.

■ Complete required 20-hour Sexual Assault Advocacy training.

■ Commit to six months-1 year on the

■ Sign-up for (3-6) six hour on-call shifts a month.

■ Attending one Volunteer meeting a

Event Volunteer-anyone 15 and older can volunteer to support agency events and fundraisers.

■ Skilled: Decorations, marketing materials, silent auction, event specific needs

■ Unskilled: Outreach flyers and packets, advocating in community, raise aware-

■ Host or organize a drive; needed supplies for agency, clients and/or programs.

Program Volunteer – anyone 19 and older can volunteer to support agency programs.

■ Skilled: Internship quality-trained to implement program specific work.

■ Unskilled: Material management, organizing supplies, clerical support.

VOLUNTEER REQUIREMENTS

Volunteer Medical Advocacy and/or Internship (Program Volunteer)

- Must be 19 years of age or older.
- It has been one year since you became personally connected to this issue.
- It has been one year since you have received medical, judicial or school advocacy with Fair Haven Rape Crisis Center.
- You are no longer receiving counseling or group advocacy services with Fair Haven Rape Crisis Center.
- You may receive counseling now, or have in the past, but do not feel a sense of crisis in your everyday life.
- Completion of 20-hour Rape Crisis Medical Advocacy training.
- A valid driver's license and access to a car are not necessary. You must, however, be able to make it to a designated hospital in our service area within 60 minutes of receiving a call.
- Cases average about 5 hours, so you need flexibility in availability around your shift. You may be called at the end of your shift and then be at the hospital for several hours past when your shift ended.
- Volunteer must consent to and successfully complete a full background investigation pursuant to NRS 179-180 et seq., which includes a criminal history check and fingerprinting.
- charges with no disposition.
- You are not currently struggling with substance use.
- You have a strong support system in place.
- You feel 100% ready to be a Volunteer Medical Advocate.

Feline Community Network

1601 W. 37th Ave., Suite Wh-1 Hobart, IN 46342 www.felinecommunitynetwork.org 219-961-4357

Info@felinecommunitynetwork.org

MISSION

FCN works to ensure the well-being of companion cats by providing medical care and rehabilitation services to those felines that arrive sick or injured. Ideally, we would like to aid as many cats as possible, however due to insufficient funding, and space we must prioritize. Many of our cats come from shelters and animal control agencies that, by necessity or policies, must euthanize. Our primary focus at FCN is to admit cats facing desperate situations of unnecessary euthanasia. As a secondary focus, we then work within Lake and Porter Counties in Indiana to accept cats coming from other intolerable circumstances such as overcrowding and situations of neglect or abuse, when space and funding are available. We focus on the need in our local communities first before reaching beyond our service area.

VOLUNTEER OPPORTUNITIES

- Socialize (pet, brush, and or play) with the cats in our care. We pride ourselves in that every cat/kitten adopted is well adjusted and responds to people. You could help these pets become just that to be welcomed into a new adoptive family.
- Assist AM Caregivers: Help our AM Caregivers with light tasks such as doing laundry, washing dishes, or vacuuming. Or be a caregiver and assist with scooping boxes and cleaning cat condos.
- Like talking to people? Follow our page and help promote us or learn about the Feline Community Network. Then greet potential adopters, making them feel welcomed until an adoption coordinator is available. Assist guests in our feline themed gift shop – we have many unique items for
- Are you crafty or do you like to sew? Consider making items for the FCN to sell in our retail space. We have a demand for some easy to make stuffed cats, cat toys,
- Organizing your delight? Help us file and update records for donors and adopters. This helps us with our future fundraising campaigns, as well as Adoption Day Anniversaries, Holiday Greetings, and Thank Health Crown Point, Dyer and Munster: You Cards to our Donors/Supporters.
- Are you a go getter with lots of great ■ Volunteers cannot have any pending ideas? Join our FCN Fundraising Team on Facebook.

VOLUNTEER REQUIREMENTS

Volunteers working around or with the cats must be 18 years or older due to commercial insurance restrictions.

Food Bank of Northwest Indiana

6490 Broadway Merrillville, IN 46410 www.foodbanknwi.org Sandra Johnson 219-980-1777 volunteers@foodbanknwi.org

MISSION

To feed people today, and end hunger tomorrow by inspiring and collaborating with ing our community.

VOLUNTEER OPPORTUNITIES

Volunteers are the driving force behind the Food Bank of Northwest Indiana. We recruit individuals and groups to help pack or distribute food to our neighbors. We have regular shifts that can be accessed online at www.foodbanknwi.org/volunteer.

Some opportunities include:

- Packing and sorting
- Mobile Market food distribution
- Backpack program
- Packing food boxes for seniors (Commodity Supplemental Food Program)
- Delivering food boxes to seniors (Commodity Supplemental Food Program) lavonne.jarrett@franciscanalliance.org

VOLUNTEER REQUIREMENTS

Volunteers must be 8 years old or older to volunteer. Volunteers 16 years old or tain a model volunteer advocacy program

younger need to be accompanied by an that serves the needs of incapacitated adults adult. Volunteers must wear closed- toe shoes and be dressed appropriately to work in a warehouse setting. All volunteers must wear a safety vest and yield to forklifts and pallet jacks being operated in the warehouse. Volunteers must exercise caution when using tools and equipment.

Franciscan Health Crown Point

1201 S. Main St.

Crown Point, IN 46307

www.franciscanhealth.org/community/volunteer

Kathy Rudaski

219-738-2100

kathleen.rudaski@franciscanalliance.org

MISSION

"Continuing Christ's Ministry in our Franciscan Tradition"

VOLUNTEER OPPORTUNITIES

Why Volunteer at Franciscan Health? Satisfaction of helping others; making new friends; learning a new skill; increasing self-esteem; reducing life stressors. Plus, studies have shown that people who volunteer generally live longer, healthier, G.A.P. Food Pantry and happier lives.

Volunteer opportunities at Franciscan

- Transport and escort patients/visitors
- Clerical office duties and projects
- Gift shop
- Information desk
- Fundraising
- Eucharistic ministry
- Delivery of flowers and mail
- Run errands
- Visit and comfort patients (on-hold)

VOLUNTEER REQUIREMENTS

- 18 years of age
- Possess a positive attitude with the desire to help others.
- Complete application online at www. franciscanhealth.org/community/volun-
 - Interview and orientation
- Background check and health screen-
 - COVID vaccination card
 - Flu shot preferred, but not required.
- volunteer in same position
- Volunteers provide service, 1-2 days a week for 3-4 hours of varying shifts.
 - Ability to maintain confidentiality.

Franciscan Health VASIA

2150 Gettler St.

Dver. IN 46311

www.franciscanhealth.org/patient-resources/ programs-and-support/vasia

LaVonne Jarrett

219-933-7907

MISSION

The VASIA program's mission is to main-

who are alone in hospitals, nursing facilities and hospice care throughout the Northwest Indiana Region.

VOLUNTEER OPPORTUNITIES

- Attend volunteer training (mandatory to be a VASIA Volunteer) (Free educational sessions - 7, with light dinner)
- Volunteer Guardian Agent (Overseeing the care, decision making for an incapacitated adult on behalf of the program)

VOLUNTEER REQUIREMENTS

- 21 years of age
- Without a criminal or reckless driving history, or history of violence
- Complete a VASIA Volunteer application prior to the end of training.
 - Pass a background check.
- Able to commit to one year of program service.
- Able to commit to the completion of the Volunteer Guardianship training pro-
- 12-hours of annual continuing educa-

1936 N. Main St., Suite A Crown Point, IN 46307 Pastor Jovce Davis 219-213-2837

godsappointedplace1922@yahoo.com

MISSION

To reduce food insecurity in the Lake County area by distributing food to those in need and collaborating with other agencies on implementing long term solutions to eliminate hunger.

VOLUNTEER OPPORTUNITIES

- Unloading delivery trucks
- Packing food boxes
- Distributing food boxes via our drivethru approach
 - Updating website

VOLUNTEER REQUIREMENTS

Volunteers must be at least 16 years old and able to load and lift boxes weighing up to 20 pounds. Mask are required and provided. Volunteers who work the drive-thru on distribution day should be able to place food boxes in the trunk of our guests' cars. ■ Training – 2-plus days with another Usually, we serve about 100 guests through the drive-thru.

Girls Scouts of Greater Chicago & Northwest Indiana

20 S. Clark St., Suite 200 Chicago, IL 60603 www.girlscoutsgcnwi.org/ Kristine Stasi 312-912-6362 kstasi@girlscoutsgcnwi.org

Girl Scouting builds girls of courage, confidence and character, who make the world

a better place.

VOLUNTEER OPPORTUNITIES

- Troop leader
- Co-leader
- Assistant leader
- Troop support

VOLUNTEER REQUIREMENTS

- Ability to devote sufficient time to fulfill the responsibilities of the position and commitment to be a part of the transition process including mentoring a successor.
- Currently registered as a member of Girl Scouts of USA
- Follows Girl Scouts of the USA, Safety-Wise and Girl Scouts of Greater Chicago and Northwest Indiana policies and procedures.
- Demonstrates problem solving, conflict resolution, time management and organizational skills.
- Ability to work and motivate volunteers in a team environment.
 - Completes training for position.
- Excellent listening and communication skills
- Has no outstanding debt to the Girl Scout organization
- Submits Volunteer Application and provides references as requested Is at least 18 years old.
- Models' behavior consistent with the mission and purpose of Girl Scouting
- Maintains strict confidentiality when handling sensitive or privileged information.
- Demonstrates an ability/willingness to advocate diversity; communicate and work effectively with girls and adults from diverse racial, cultural, social, educational, abilities and economic backgrounds.
 - Background check is needed.

Girls on the Run of **Northwest Indiana**

821 W. 45th St., Suite D Griffith, IN 46319 www.gotrofnwi.org Amanda Burleson 219-237-6982 amanda.burleson@girlsontherun.org

MISSION

We inspire girls to be joyful, healthy, and confident using an innovative curriculum that creatively integrates running.

VOLUNTEER OPPORTUNITIES

We have volunteer opportunities for people who want to coach, people who want to help plan or set up events, people who want to fundraise, and everything in between. Please visit our website for a list Hearts in Motion of volunteer opportunities.

VOLUNTEER REQUIREMENTS

Volunteers who work with our girls are www.heartsinmotion.org

required to pass a background check. Junior coaches are 16-18 years old. Most of our volunteers are at least 18 years old. Some of our volunteers work as coaches and there is a physical element to their volunteer positions. Others work on planning and organizing events. We will train you for whatever volunteer position you would like to have.

Grace Beyond Borders

513 W. Chicago Ave. East Chicago, IN 46312 gracebeyondborders.org Liz Carpenter 219-392-9932 carpenterliz78@gmail.com

MISSION

Our mission is to offer hop, love, care, and the Good News of Jesus Christ to all who enter our doors.

VOLUNTEER OPPORTUNITIES

- Drivers Take clients back and forth to doctor's appointments, job interviews, etc.
- Maintenance volunteers—Organize clothes and other toiletry goods.
- Overnight workers—We need volunteers to stay in the facilities while we have clients in-house.
- Food servers -This is needed when we take food to the homeless

VOLUNTEER REQUIREMENTS

- Have a valid driver's license (for drivers) and good driving record.
- Go through our volunteer orientation
- Have a background check.
- Food handler's card (for food servers), this is obtained at the Health Department.

Healing Streams Oasis Church

2000 N. Main St., Suite 3 Crown Point, IN 46307 Pastor Dennis Olsen 574-400-3676 colsen245@att.net

MISSION

We are an oasis of healing, love, and restoration for those in need. We minister Jesus Christ as Savior and the Holy Spirit as the power behind God's Word for Grace, mercy, compassion, salvation, healing, and prosperity for all people.

VOLUNTEER OPPORTUNITIES

- Operate audio visual equipment.
- Operate CD and labeling operations.
- Computer technology

VOLUNTEER REQUIREMENTS

- Experienced Audio/Visual and Computer education
 - Christian
- Available Sundays and Tuesdays 9:30 a.m.-1:30 p.m.

2210 U.S. Hwy. 41 Schererville, IN 46375

Aaron Frazita 219-924-2446 aaron@heartsinmotion.org

MISSION

Empowering our volunteers, staff, and donors to positively impact the lives of people in need.

VOLUNTEER OPPORTUNITIES

Service trip

As Guatemala is one of the poorest countries in Latin America, with 59% of 17 million people living in poverty and 23% in extreme poverty, Hearts In Motion made Zacapa, Guatemala, its international headquarters. For over 30 years, we've hosted mission trips to Central and South America, providing life-saving and transformative services to people in need. We work with universities, doctors and nurses, volunteers, and other groups who wish to have fulfilling volunteer experiences helping others in need.

Type of trips: Surgical, general medicine, vision screening and surgery, dental exams and surgery, cervical screenings and women's health, house building, speech therapy, physical and occupational therapy, therapists, helping babies breathe, firefighter training, social work and music camp.

You do not have to be a medical student or a medical professional to come on a mission trip. Just a willingness to pitch in and help! If you are interested in participating in a life-changing experience and helping others in need.

Resale shop and office: Volunteers help at our Resale Shoppe in Schererville, sorting, pricing and stocking the shelves. All proceeds support our mission to help people in need. We also base our New Directions program here, supporting families transitioning into a new home after a traumatic event. We need volunteers to help set up homes with all life's essentials. Volunteers also contribute their time and talent with fundraising, events, administrative work, and building community connections.

Container shipments: Hearts In Motion receives medical supply donations from retailers, hospitals and individuals around the country. We need volunteers to help us organize our warehouse and assist with loading containers to ship overseas to countries in need, such as Guatemala, Mexico, Lebanon, Ecuador and more.

VOLUNTEER REQUIREMENTS

Interested in making a difference? Join the ranks of the Hearts In Motion Volunteers and help our neighbors in need here at home or abroad! We have many options for you to give your precious gift of time.

Service trips: Contact Aaron Frazita at aaron@heartsinmotion.org

Resale shop or office: Contact Dana at information@heartsinmotion.org

Container shipments: Contact Nancy

Humane Indiana

421 45th Ave. Munster, IN 46321 www.humaneindiana.org Hannah Hinkle 219-922-3811 hhinkle@humaneindiana.org

MISSION

To lead the community in the humane treatment of all animals.

VOLUNTEER OPPORTUNITIES

Bathing – Must be 18 and older. Prior to adoption, each animal should receive a bath before it goes to its new home. Also, some animals need bathing, grooming or a flea bath upon their arrival to our shelter. For purposes of preventing infection, animals often need to be bathed before heading into surgery. Volunteers for bathing must have completed dog handling training as well as have experience handling our shelter dogs.

Cat care—We need volunteers who are willing to spend time cleaning, socializing/ bonding, and caring for our cats both in the caged cat room as well as the free roaming cat colony. Duties also include setting up cages, feeding, cleaning, replenishing, and helping guests. Cat handlers should follow the simple color-coded system for handling various cats: Yellow=easy to handle, Pink=shy/timid (ask before handling), Purple=Staff Handle Only.

Dishes-Volunteers for washing dishes and toys are typically needed starting at 8:15 a.m. all seven days of the week. Dishes should be checked periodically throughout the day for any strays that may need washed. The kitchen area should always be kept neat and clean, with the sinks cleaned out afterwards.

Dog handler-Must be 18 and older. Volunteers can provide care to our canine companions by participating in a variety of programs centered on handling. Volunteers are encouraged to walk dogs and help with play groups. This is a vital program in our shelter for helping to alleviate stress and to provide exercise and much-needed human interaction and socialization. This program helps dogs to remain calmer and more friendly when approached by potential adopters and eases their transition into a home. Dog handlers must complete extra training before walking any dogs. Training is tiered into four colors (yellow, pink, blue, and purple). Volunteers must have a certain number of dog handling hours logged and training for certain colors completed before working with certain dogs. Volunteers under 18 years of age may socialize with puppies (6 months and under) if directly supervised by a parent.

Enrichment - Volunteers are needed to work creatively to enrich the lives of the animals here at the shelter. Enrichment allows animals to feel distress, express normal behaviors, and focus on something that Winiecki at nancyw@heartsinmotion.org is mentally stimulating and challenging. Enrichment is needed for all animals at the shelter. Volunteers can stuff Kong toys with kibble and peanut butter, distribute treats down the snorkels, make frozen treats, and treat bombs. Another option for dog enrichment is to help clicker train by dropping treats and offering a click (using a clicker) to every dog in the kennel who is quiet as well as sits. Volunteers can help with cat enrichment by making cat nip balls, blowing bubbles, reading to cats, making braided toys, and offering curled pipe cleaners.

Foster care – Must be 21 and older. HI offers a foster care program for animals that are orphaned, pregnant/nursing, injured, ill, or are having behavior issues and need crisis foster program for individuals who need temporary housing for their animals while they flee from domestic violence, are moving between houses, or other similar situations. A foster parent provides a home and dependable nursing care and socialization under the supervision of HI-period fostering varies depending on the animal.

Front desk—A volunteer can sign up to work at the front desk. The purpose of this role is to greet each person walking into the shelter, answer all phone calls, help with adoption paperwork, and more. This person is also responsible for overseeing the sign in/out process for each volunteer during their shifts. The front desk position is unique in that it requires a consistent and set schedule as well as a 6-7-hour shift. The front desk is the hub of information at our shelter.

Laundry—There is approximately 400 pounds of laundry per day that needs to be washed at our shelter. We are always looking for someone to come and help. Laundry washing starts at 8 a.m. All the bedding from the night before is washed, as well as the many towels used in bathing the animals and cleaning. Volunteers are needed for this task all throughout the day, all seven days a week. Laundry volunteers are also in charge of washing the litter pans in the morning.

Maintenance—If you have a special skill to offer in helping with the upkeep of the shelter, please let us know! Maintenance and repairs from outsourced companies can often be costly, but if we have some volunteers who can offer their expertise and help us in a more cost-effective way, that would be best! Volunteers are also always needed to help with landscaping outdoors by cutting grass and pulling weeds.

Major fundraisers—Each year HI has three major fundraisers: Annual Gala, Paws in the Park and Festival of Owls. These events bring in most of the fundraising money needed to help support the animals. These events, like many others, are largely run by volunteer help. HI asks that every volunteer consider signing up to help



TONY V. MARTIN. FILE. THE TIMES

to be out of the shelter. HI also offers a Among the goals of the Tri-Town Safety Village is to teach children about the services provided by the police and fire departments.

> per year. This help can vary from assisting These pets would be promoted using your with the day off or sitting on a committee to helping with the planning and execution of the fundraiser.

Special events—Throughout the year HI needs help with many special events and fundraisers that either take place at each entity or off-site through third parties. Most of these events would not be successful or even possible without our volunteers. Volunteers are needed to assist with book sales, Dark Lord Day, Pints in the Park, Clear the Shelters and various other small or third-party events. Have a creative idea for a fundraiser? We'd love to hear it!

Transport – Must be 21 and older. As discussed, some of our animals come into the shelter through transfers from other shelters, rescues, and partners. Often these animals are not local, in which case volunteers are needed to help pick animals up from a shelter or halfway point. Transport can be up to 12 hours away. This is all coordinated through our Intake Department.

LCJC-Must be 18 and older. Our LCJC volunteers assist us with bringing dogs to the Lake County Juvenile Complex, training the dogs, and teaching the kids how to train the dogs. Volunteers must be at least 18 years old, attend a formal training session for the LCJC program, pass a background check at LCJC, and attend LCJC mandated PREA training. Volunteers must be open minded and commit to using positive learning techniques for both humans and animals.

Pet detective - Virtual A virtual volunteer position that allows you to play detective from home. In this role volunteers are responsible for looking through lost and found Facebook pages, websites like Petco Love Lost and calling local animal controls to help find the real identity of our stray

Pet ambassador - Virtual A virtual volunteer position centered around getting the word out about animals in the shelter. The goal of this position is to promote those with at least one of the major fundraisers that have been here longer than others.

personal Facebook and word of mouth.

VOLUNTEER REQUIREMENTS

- Age: 16 and older
- 18 must have parental/guardian consent to volunteer.
- Certain volunteer positions require volunteers 18 and older
- Training is required for all volunteers and for all volunteer opportunities. Training can be scheduled following orientations with the volunteer coordinator. Volunteers must have a training checklist(s) turned in before beginning volunteering in the respective department(s).

Indiana Ballet Theatre

8888 Louisiana St. Merrillville, IN 46410 www.ibtnw.org Gloria Tuohy 219-755-4444 ibtnw@hotmail.com

MISSION

Indiana Ballet Theatre is dedicated to transforming lives and enriching the community through the world of dance. We do finest classical dance education.

VOLUNTEER OPPORTUNITIES

Performances

Nutcracker and Spring Ballet

- Ushering at the event
- Assisting in the costume department or with props
- Assisting with selling advertising space in our programs
 - Assisting with group tickets sales
- Volunteering backstage with props, green room
- Helping with loading the truck with props and costumes both before and after the performance

Kaleidoscope

- Ushering at the event
- Assisting with group ticket sales Help at the studios
- Reception Work

■ Assisting in the office with filing, database, etc.

Committees

We have a multitude of special events. We would love to grow our committees.

- Nutcracker Tea
- Gala
- Fundraising

VOLUNTEER REQUIREMENTS

If you are working with children, we reserve the right to ask for a background check. This is to protect both the children and the volunteer

Indiana Plan

780 N. Union St. Hobart, IN 46342 www.indianaplan.org Tamara Bradley 219-884-4503 tbradley@indianaplan.org

MISSION

The Indiana Plan's mission is to address ■ All volunteer applicants younger than low minority participation within the Indiana construction industry.

VOLUNTEER OPPORTUNITIES

- Guest speaking to our training class about work history.
 - Facilitating construction site visits
 - Assisting with career fair presentation

VOLUNTEER REQUIREMENTS

- Over 18 years old
- Graduate of a registered apprentice-
- Be able to pass a background check.

Lake County Fire Chiefs Association

2900 W. 93rd Ave. Crown Point, IN 46307 www.lakecountyinfirechiefsassociation.com/ Rachel Wilkinson 219-736-9680 lakefirechiefs@sbcglobal.net

MISSION

The Lake County Fire Chiefs Association this through performance, outreach, and the is a 501 ©(3) organization for general administration of mutual aid services relating to fire department operations.

VOLUNTEER OPPORTUNITIES

LCFCA is partnering with FEMA and Lake County, Indiana, Homeland Security and Emergency Management to build the Lake County Community Emergency Response Team (CERT). community.fema. gov/PreparednessCommunity/s/welcome-to-cert?language=en_US

VOLUNTEER REQUIREMENTS

Must complete free training online and skills medicine.utah.edu/dfpm/occupational-environmental-health/research/ outreach/cert. Once online portion completed, individual has six months to complete free skills session training with Lake County Emergency Management.

Lake County Historical Society

1 Courthouse Square, Suite 205 Crown Point, IN 46307 Ichsmuseum.org Scott Hudnall 219-662-3975 lakecountyhistoricalmuseum@gmail.com

MISSION

The Lake County Historical Society (LCHS) preserves the history and culture of Lake County for future generations by displaying artifacts, offering visits and tours of the museum, and through special events.

VOLUNTEER OPPORTUNITIES

Outreach, event creation and planning, website redesign and updates, digitization, Wikipedia writing, museum/courthouse tour guide, museum opening and closing, artifact accession, artifact maintenance and display.

VOLUNTEER REQUIREMENTS

Membership costs \$10 per person. After completing a volunteer form, the Society will have a meeting/orientation with the potential volunteer for introductions and determine best fit for volunteer activi-

Lake County Right to Life

P.O. Box 267 Griffith, IN 46319 lakeloveslife.org Theresa Kowalczvk 219-838-1138 office@lakecortl.org

MISSION

Lake County Right to Life is a not-forprofit public benefit organization which exists to promote concern for the sanctity of human life from conception to natural death through education of the public about abortion, assisted suicide, and euthanasia, and to support legislation and constitutional changes to protect the right to life of all innocent human beings.

VOLUNTEER OPPORTUNITIES

- People gather and sort materials.
- People to assist with preparing mailing materials.
 - Someone to assist with social media.
 - Youth Coordinator

VOLUNTEER REQUIREMENTS

Volunteers should be 18 or older (16 -17 with a parent's consent) and active members of a church.

Lakeshore Public Media

8625 Indiana Place Merrillville, IN 46410 Lakeshorepublicmedia.org Carl Kurek 219-756-5656 ckurek@lakeshorepublicmedia.org

MISSION

Lakeshore Public Media is to be the recognized media resource for citizens of all ages to experience life-long learning, celebrate human diversity, and engage in civic concerns, all to enrich the lives of people in the communities we serve.

VOLUNTEER OPPORTUNITIES

Community Advisory Board (CAB)-A volunteer group that meets quarterly and provides invaluable input from our viewers and listeners out in the community about our programming as well as our community service efforts and impact throughout Northwest Indiana.

to our station and make thank-you calls to our supporters. There is no ask involved, you're simply calling to express our gratitude for their support and ask if they have any feedback. These calls play a huge factor in our donor retention efforts.

Special events—We hold, or participate in, special community events from time to time and can always use an extra hand. Volunteers must become members. These can range from PBS Kids events to various community/chamber events.

VOLUNTEER REQUIREMENTS

Must be 18 or older and have your own transportation.

Little Brothers—Friends of the Elderly (LBFE)

1944 N. Main St. Crown Point, IN 46307 LBFEindiana.org Jacqueline Townsend 219-736-5233 jtownsend@lbfeindiana.org

MISSION

Little Brothers—Friends of the Elderly is a national network of nonprofit, volunteerbased organizations committed to relieving isolation and loneliness among the elderly. We offer people of goodwill the opportunity to join the elderly in friendship and celebration of life.

VOLUNTEER OPPORTUNITIES

Volunteer opportunities can fit anyone's schedule, it only takes 5 hours a year to be an active volunteer. You can volunteer once a year, or once a month, or even once a week—our opportunities are flexible. Visiting volunteer, phone volunteer, special projects, driver, on-site party assistance, food bag delivery, and in-home celebrations. Help build community through social interactions in group settings or oneon-one.

VOLUNTEER REQUIREMENTS

Individuals 18 and older must attend a virtual or in-person orientation and complete an online background check. Individuals under 18 years of age can volunteer with a friend or family member who completes the required orientation and background check.

Meals on Wheels of **Northwest Indiana**

8446 Virginia St. Merrillville, IN 46410 www.mealsonwheelsnwi.org Jen Okamura 219-756-3663 jen@mownwi.org

MISSION

Meals on Wheels is to deliver nutritious meals to those in need with the support of community volunteers.

VOLUNTEER OPPORTUNITIES

Volunteers can support the mission of Thank-you calls—Volunteers can come Meals on Wheels in a variety of ways. Volunteers are most impactful in delivering meals to the homes of our clients. It is truly our volunteers that make a difference in the lives of those we serve. Volunteer opportunities also include supporting our administration team as a volunteer receptionist, helping in our kitchen packing meals for delivery and driving our vans to drop off locations throughout the region.

VOLUNTEER REQUIREMENTS

All volunteers must complete an application, pass a background check, and attend training at the Meals on Wheels facility in Merrillville. In addition, delivery volunteers must be 18 years or older, have a valid driver license, vehicle insurance and successfully pass a background check.

New Star

1005 West End Ave. Chicago Heights, IL 60411 www.newstarservices.org Christine Rechsteiner 708-755-8030 crechsteiner@newstarservices.org

MISSION

To provide choices and opportunities for persons with disabilities and their families through a culture of innovation and caring to enrich their lives and maximize their independence.

VOLUNTEER OPPORTUNITIES

New Star serves over 650 children and adults each day whose lives are impacted by mild to profound disabilities. Our service area reaches those living in and around the Chicagoland area and Northwest Indiana. New Star has opportunities for people who are passionate about helping those we serve to create meaningful days, productive years, and, ultimately, more fulfilling lives.

Become a New Star volunteer and help challenge limits and change lives by being you. Your skills, experience, and personality are bound to be a perfect fit.

We have both in-person, virtual volunteer, and internship opportunities. Find your fit today!

In-person

- Administration (All areas)
- PEERS Coach for young adults wanting to work on social skills (Currently vir-

tual Illinois/Indiana)

- Virtual friendships
- Crafters
- Gardeners
- Photography
- Drama
- Card writers ■ What are your hobbies and skills?

Virtual

- Game nights
- Mock interviews
- Advocacy classes

VOLUNTEER REQUIREMENTS

Varies

Northwest Indiana Cancer Kids Foundation

P.O. Box 824 Schererville, IN 46375 www.nwicancerkids.org Nicole Yarrow 219-552-1217 nicole@nwicancerkids.org

MISSION

Hope Help Heal

VOLUNTEER OPPORTUNITIES

Volunteering at our annual events, helping at community fundraisers.

VOLUNTEER REQUIREMENTS

We have very few requirements, we just ask they provide us with a phone number or email address.

Old Sheriff's House & Jail Foundation

226 S. Main St. Crown Point, IN 46307 www.oldsheriffshouse.org Denise Gundelach 219-743-2530 dmav123@hotmail.com

MISSION

The mission of the Old Sheriff's House Foundation is to preserve the architectural integrity of the former Lake County Indiana sheriff's residence and jail building listed on the National Register of Historic Places and to compile relevant cultural and historic documentation for conveyance in a balanced presentation. This will be accomplished by restoration of the site for educational, informational, and research purposes for the public. Usage may include house and jail interior museum, lecture and meeting space and commercial and retail enterprises.

VOLUNTEER OPPORTUNITIES

We are looking for volunteers for a variety of opportunities. We need people to help with tours, gift shops, projects, and events. We use volunteers for our annual events like the Haunted House in October and the Jailbreak 5K Race in November, as well as other events throughout the year. Our tour and gift shop season runs from May through September.

VOLUNTEER REQUIREMENTS

No requirements for adults, but children under 15 may need adult supervision, depending on the volunteer job.

Open Hearts Therapeutic Riding Center

4315 W. 133rd Ave. Crown Point, IN 46307 open-hearts-therapeutic-riding-center.business site Debbie Oborn 219-746-4625 Deboborn@yahoo.com

MISSION

Connecting people to horses through equine-assisted activities.

VOLUNTEER OPPORTUNITIES

Open Hearts is actively seeking volunteers to lead horses, be spotters next to the horse and rider, assist with marketing, assist with social media, help with event planning and volunteers to assist with fund raising.

VOLUNTEER REQUIREMENTS

- All volunteers must complete the Volunteer Application
- Volunteers will be required to consent to a background check.
- Volunteers leading or spotting horses must have the physical ability to walk in sand as well as "trot" along with the horse.

Phil's Friends

1249 Arrowhead Court Crown Point, IN 46307 www.philsfriends.org Judy Earnshaw 224-653-8315 judye@philsfriends.org

MISSION

To provide Christ-centered support and hope to those affected by cancer.

VOLUNTEER OPPORTUNITIES

Packing care packages, decorating boxes, tying blankets, coloring Cards of Hope, other various opportunities.

VOLUNTEER REQUIREMENTS

No requirements—children and adults can participate.

Power Paws for Kids

P.O. Box 517 St. John, IN 46373 powerpawsforkids.org Susan Cope 224-653-8315 susan-cope@att.net

MISSION

We aim to provide the community with complete an exemption form) an animal assisted program that will help to promote health and well-being through Rockopelli Inc. positive interactions with animals.

VOLUNTEER OPPORTUNITIES

We are looking for more volunteer teams. Teams consist of a volunteer with their personal dog. The dog must have passed the 219-512-3611

AKC CGC (Canine Good Citizen) test, have a friendly even tempered gentle and reliable temperament. The dog should be responsive to basic obedience commands and be able to remain calm in different environments. We also would welcome booster members that would like to help us in areas such as fundraising, marketing, etc.

VOLUNTEER REQUIREMENTS

Teams consist of a volunteer with their personal dog. The dog must have passed the AKC CGC (Canine Good Citizen) test, have a friendly even tempered gentle and reliable temperament. The dog should be responsive to basic obedience commands and be able to remain calm in different environments.

ProMedica Hospice

5265 Commerce Blvd. Crown Point, IN 46307 promedica.org Tammy Johnson 219-472-2020 tammy.johnson2@promedica.org

MISSION

The mission of ProMedica Hospice is to provide quality Hospice care to patients with a limited life expectancy, as well as provide support to their caregivers. The quality of life for those we serve is enhanced through palliative and specialized supportive care designed to meet the physical, psychosocial, social, and spiritual needs of the patients and caregivers. Hospice care is provided by using an interdisciplinary team utilizing an approach to the care delivered to patients either in their own home or extended care facility, working cooperatively with area health care providers and other community resources. ProMedica Hospice strives to provide care to all who are eligible and need Hospice care irrespective of ability to pay.

VOLUNTEER OPPORTUNITIES

- Hospice companionship volunteer
- Vigil volunteer
- Massage therapy for hospice patients
- Pet visitors for hospice patients
- Hospice administrative volunteer
- Bereavement volunteer
- No-sew blankets for hospice patients
- Busy blankets for hospice patients

VOLUNTEER REQUIREMENTS

- Annual in-services and continuing education
- Background check and drug test
- Mandatory TB test
- Provide two references.
- Proof of COVID and flu vaccination (or

1601 Bluebird Lane Munster, IN 46321 www.rockopellifest.org Pamela Ratajack

pratajack@rockopellifest.org

MISSION

local community by organizing, promoting, and producing music festivals.

VOLUNTEER OPPORTUNITIES

We need volunteers at our music festival in August 2023. Positions needed are for manning the silent auction, selling 50/50 raffle tickets, working the Rockopelli booth & taking tickets at the door. We are also looking for licensed bartenders for beer

We also need volunteers to set up and tear down the festival.

VOLUNTEER REQUIREMENTS

High school or older. No special requirements except for bartending (license needed)

Shirley Heinze Land Trust

109 West 700 North Valparaiso, IN 46383 heinzetrust.org Abigail Ramirez 219-242-8558 aramirez@heinzetrust.org

MISSION

The mission of Shirley Heinze Land Trust is to preserve and restore natural lands and waters in northwestern Indiana, and to engage people in nature and conservation.

VOLUNTEER OPPORTUNITIES

Stewardship-If your ideal day at the office involves a healthy dose of fresh air, join our Stewardship team's efforts to restore and maintain the Shirley Heinze Land Trust's many nature preserves.

Education and outreach-Bring your passions for people and nature together to help us create and deliver programs that engage and educate people about the conservation work that the Shirley Heinze Land Trust does.

Fundraising-From donor outreach to helping to make our Spring Benefit a success, your efforts can play a vital role in this critical area of the organization.

Marketing-Help us tell the Shirley Heinze Land Trust story! If you have a way with words, a knack for social media, or a photographer's eye, we would love to have **The Humane Society of Hobart** you join us.

Administrative operations—If you're looking to help us "behind the scenes," your knack for administrative coordination, data management, or clerical work will help us keep the organization running smoothly.

VOLUNTEER REQUIREMENTS

Sojourner Truth House

410 W. 13th Ave. Gary, IN 46407 www.sojournertruthhouse.org Airiel Crenshaw 219-885-2282 acrenshaw@sojournertruthhouse.org

MISSION

Sojourner Truth House is a ministry of The Rockopelli mission is to support the hope and help for homeless and at-risk women and their children sponsored by the Poor Handmaids of Jesus Christ. Through hospitality, advocacy, integrative services and collaboration, participants improve their quality of life and that of the community in a safe, trusting environment.

VOLUNTEER OPPORTUNITIES

- Donation organization
- Kitchen aid
- Clothes Closet attendant
- Data entry personnel
- Garden assistant
- Pantry stocker ■ Special events
- Community ambassador

VOLUNTEER REQUIREMENTS

Volunteers must complete all necessary paperwork and pass a background check.

St. Jude House

12490 Marshall St. Crown Point, IN 46307 www.stiudehouse.org Kari Thomsen 219-662-7066 KThomsen@stjudehouse.org

MISSION

St. Jude House is a safe emergency shelter and provider of services for victims of domestic violence and their dependent children. We provide housing, advocacy, and compassionate assistance. Through educational programs we work to teach others to recognize the cycle of domestic violence. to empower them to break that cycle and to offer support and follow-up. In the spirit of the Franciscan Sisters of Chicago, we at St. Jude House are committed to offering love and hope in a healing and caring environment to each person that seeks shelter and/ or services regardless of creed, gender, race or national origin.

VOLUNTEER OPPORTUNITIES

Cleaning, outdoor projects, organizing and sorting.

VOLUNTEER REQUIREMENTS

18 years old & fully vaccinated

2054 E. State Road 130 Hobart, IN 46342 www.hshobart.org Allison Fluckey 219-942-0103 volunteer@hshobart.org

MISSION

The Humane Society of Hobart is on a mission to build and strengthen pet families.

VOLUNTEER OPPORTUNITIES

Volunteers are integrated throughout our entire organization. Volunteers choose their role and are held to the same culture agreement of transparency and inclusiv-

Service

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ity as well as policy standards. Volunteers spend their time in the following roles:

Animal enrichment and engagement — Fostering, transporting, trap/neuter/spay/vaccinate release, walking dogs, operating playgroups, socializing cats, sanitizing housing, building enrichment.

Housekeeping—Dishes, laundry, restocking, organizing donations.

Marketing and fundraising—Preparing social media content, community engagement, fundraising events.

Clerical—Front desk assistance, correspondence, animal update and external communication.

Governance—Policy and advocacy.

Maintenance−Operational maintenance ent: projects. ■

Board membership

VOLUNTEER REQUIREMENTS

Please fill out an application and view a short presentation at www.hshobart.org. Once completed you will attend a tour of the shelter and begin to train in the area that most suits you! You will be able to select the shift you want online, and we have our own private Face group Page to communicate! Volunteers must adhere to the cultural agreement of transparency and inclusivity and all HSH policies. Please be advised you must be with a parent if you are under the age of 16. Only those 18 and over can walk the dogs without a parent.

TradeWinds Deaf Services

Itatina@tradewindsnwi.org

3198 E. 83rd Place Merrillville, IN 46410 www.tradewindsnwi.org/adult/deaf-services/ Lisa Tatina, director of Development & Marketing 219-945-3116

MISSION

Serving people with special needs by empowering them to realize their full potential.

VOLUNTEER OPPORTUNITIES

Service projects — donating time and talent:

- Indoor activities in classrooms can include arts & crafts, reading, games, puzzles, exercise activities such as yoga, etc.
- Outdoor activities can include landscaping or gardening at our residential facilities.
- Spring clean-up / fix-up at our residences—painting, cleanup, yard landscaping, gardens.
- Always a "To-Do" list at TradeWinds, we can work with individuals or groups to utilize skills and meet needs.

VOLUNTEER REQUIREMENTS

Volunteers who are 18 years & older are required to complete an application that includes consent to conduct state

and other background checks. A county background check must be provided by the volunteer. COVID-19 vaccinations are required, if applicable. All volunteers are required to attend TradeWinds' orientation prior to volunteering.

TradeWinds Services

3198 E. 83rd Place Merrillville, IN 46410 www.tradewindsnwi.org Lisa Tatina, director of Development & Marketing 219-945-3116 info@tradewindsnwi.org

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Tri-Town Safety Village

1350 Eagle Ridge Drive Schererville, IN 46375 www.safetyvillage.us Barbara J. Toosley 219-865-9600 admin@safetyvillage.us

MISSION

Tri-Town Safety Village is dedicated to educated children in prevention of fire, pedestrian, bicycle, drugs and railroad through a hands-on experience in a way that is easy to understand.

VOLUNTEER OPPORTUNITIES

Gardening, maintenance, office work, trainers for Police, Fire or Railroad programs.

VOLUNTEER REQUIREMENTS

The ability to help us, help others.

VNA Hospice of Northwest Indiana

501 Marquette St. Valparaiso, IN 46383 www.vnanwi.org Erica Kerkes 219-462-5195 ekerkes@vnanwi.org

MISSION

Making Best Days Possible

HOSPICE VOLUNTEER OPPORTUNITIES

Home patient volunteers: Visit our hospice and/or palliative care patients in the nursing home, or private home setting to provide companionship or brief respite care for the caregiver. Volunteer duties may include reading to patients, listening to music, watching a movie, or making a small snack. Patient volunteers are asked to complete our background check process and training program both online and in person. Currently we are looking for volunteers in Lake and Porter counties.

Hospice center volunteers: Visit patients in our Hospice Center to provide companionship and assistance to the patient and/or family during their stay in the Center. Volunteer duties may include visiting patients and families, welcoming visitors to the Hospice Center, answering phones, and other clerical duties. Hospice Center volunteers are asked to complete our background check process and training program both online and in person.

Bereavement support volunteers: To assist within our Bereavement Program. Volunteers are needed to make calls to bereaved family members and provide other bereavement assistance as needed. Training is provided. This is a great opportunity for college students looking to gain experience working with grieving families.

Life services volunteer opportunities

Phoenix Center volunteers: The VNA Phoenix Center is a one of kind grief support program for children, teens, young adults, and their families. This program is offered free of charge to those in need of grief support, so we rely heavily on the participation of volunteers in this program. Volunteers are asked to complete our background check process and in-person training program.

Meals on Wheels volunteers: VNA is the provider of Porter County's Meals on Wheels Program, and we could not complete our mission without the help of our volunteers! We are looking for drivers in Portage, Hebron, Kouts, Chesterton, and Valparaiso, as well as a Meals on Wheels Truck Driver. Background checks are required, and training is provided. Valid driver's license and reliable transportation is required.

VOLUNTEER REQUIREMENTS

To safeguard the patients and families in our care, volunteers will be asked to complete background checks, TB tests, online training programs, continuing education in-services, and other required documentation to volunteer with our team.

Wabash Center

11055 Broadway, Suite C

Crown Point, IN 46307 www.wabashcenter.com Leslie Pirtle 219-802-5900 lpirtle@wabashcenter.com

MISSION

To optimize the quality of life for people with disabilities and special needs.

VOLUNTEER OPPORTUNITIES

We are looking for volunteers interested in assisting with our summer camp program for children with disabilities.

VOLUNTEER REQUIREMENTS

Must be at least 18 years of age. A criminal background check and reference checks are required.

Winfield Community Foundation

10645 Randolph St., Suite B Winfield, IN 46307 www.winfieldcommunityfoundation.org Renee Clayton 219-281-2201 clayton.reneej@gmail.com

MISSION

Striving to improve the quality of life of residents within Winfield Township.

VOLUNTEER OPPORTUNITIES

Assisting with various events and fundraisers throughout the Township.

VOLUNTEER REQUIREMENTS

Resident of Winfield Township.

Youth For Christ

105 N. Washington St. Valparaiso, IN 46383 yfcchicago.org Jeremy Melf 219-462-3000 jmelf@spyfc.org

MISSION

YFC reaches young people everywhere, working together with the local church and other like-minded partners to raise up lifelong followers of Jesus who led by their godliness in lifestyle, devotion to prayer and the Word of God, passion for sharing the love of Christ and commitment to social involvement.

VOLUNTEER OPPORTUNITIES

- Mondays at Hanover Central Middle school from 2:30-4:30 p.m. mentoring Mmddle schoolers
- Mondays at Hanover Central High school from 6:30-8:30 p.m. mentoring High schoolers
- Tuesdays at Lake Central high school from 6:30-8:30 p.m. mentoring high schoolers
- Mondays from 4-6 p.m. mentoring girls in Juvenile Detention Center (women only)
- Thursdays from 4-6 p.m. mentoring boys in Juvenile Detention Center (men only)

VOLUNTEER REQUIREMENTS

Must be a Christian who is older than 18 with a background check that would be cleared to work with minors.